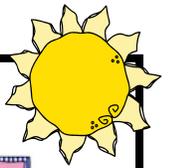




Mission Viejo



SWIM & RACQUET CLUB



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July/August 2010
Newsletter



COMMUNITY EMERGENCY PREPAREDNESS ACADEMY

Sue Ward, Manager and Heather Persons, Office Staff
Obtain CEPA Certification



On Monday, June 14th, as I sat down in front of my computer to start writing the introduction to this article, I was contemplating how I would share my experiences in the CEPA course, when out of the blue I felt a strong rolling sensation that rocked my home. I sat very still, looking at all my fragile glass objects on my desk thinking this can't be, that would just be too coincidental, but "yes" it was an earthquake! Wow...talk about eerie, a 5.9 earthquake!

The Community Emergency Preparedness Academy primary goal is to educate and prepare individuals to survive after a catastrophic disaster or event. It was an eye opening experience. What began as simple inquisitiveness, turned out to be something much more to both of us - survival on our own for 72 hours. The nine week Academy course held at the Norman P. Murray Center was free of charge and provided representative instructors from the Orange County Fire Authority, Orange County Sheriff's Department, American Red Cross, Local water districts, Southern California Edison (including information on San Onofre Nuclear Generating Station (SONGS) and Mission Hospital. The class was very informational and utilized hands on and situation scenarios; education regarding earthquake preparedness; fire safety and fire extinguisher training; light search and rescue training; basic first aid; CPR and AED training; basic crisis intervention; utility safety; emergency water storage techniques; and how to perform a home search and rescue operation.

On our final night, the City of Mission Viejo and the Ladera Ranch Community came together to host the disaster preparedness drill and put our skills to use in a simulated exercise. The parking lot of the Civic Center was pre-staged to represent the aftermath of a simulated 7.3 magnitude earthquake. There were injured people everywhere. You could hear people screaming with fear and panic. The disaster scene included neighborhoods that were damaged, car collisions, fallen electrical lines, gas station fires, heart attack victims, etc. With the help of the Red Cross, volunteers with special make up techniques resembled open wound lacerations, bone fractures and a lot of realistic injuries. It was a very intense evening and although it was only a simulation everyone got involved as though it was the real deal. From this exercise we gained the significant knowledge to help ourselves, our family and our neighbors. The CEPA program is designed to give residents the necessary skills to help sustain them for 72 hours or more when emergency services are not immediately available in the aftermath of a major disaster.

ARE YOU PREPARED?



M.V. Women's Club 2010 Scholarship Recipient Garrett Hall



Garrett Hall is the 2010 Mission Viejo Women's Club scholarship winner. Garrett received a \$1,000.00 scholarship award at the Senior Honors and Awards Program at Mission Viejo High School on Thursday, June 10, 2010.

The Women's Club funds a scholarship to an outstanding Mission Viejo High School senior, who resides in the Deane Homes, through their annual membership fund raising efforts. The Women's Club has been awarding scholarships for over thirty years.

Garrett Hall, a participant in the Advanced Placement and Honors courses throughout High School is also a scholar athlete participating in Track and Field and Cross Country for the past 4 years. Garrett is a member of the California Scholarship Federation, National Honor Society and International Baccalaureate. Garrett plans to attend University of California at Davis, with a major in Neurobiology and Physiology and Behavior in preparation for Medical School.

Congratulations Garrett!

2010 ACTIVITIES & EVENTS

ACTIVITY SIGN UPS BEGIN WEDNESDAY, JUNE 23RD

Dear Parents: Our activities are for children 5 years of age and up, unless noted otherwise...Parent's are always welcome to attend any activity with their children or you may take a little time for yourself and drop them off at the club. If you have a cell phone, please leave the number with one of our staff personnel. Children must be picked up inside the clubhouse or where the activity is taking place. They are not allowed to walk home unless we have a signed note by a parent or guardian. If you have given permission for your children to use the pool after the activity and they have a swim id card on file with the office, we will allow them to go to the pool area. Our main goal is your child's safety and that they have a great time at the activity. Most if not ALL activities require an RSVP to the Club office or requires the activity to be paid upon registering, 837-4070 by a set date. Please remember seating is limited. If the activity is full, we can still put your child's name on a waiting list in the event there is a cancellation. There is no refund unless another child fills your child's seat.



POST-4TH OF JULY BBQ, CRAFTS & GAME TRUCK...

MONDAY, JULY 5TH, BBQ BEGINS AT 12:00 noon



Our summer kick off begins a bit late this year with a Post 4th of July BBQ, crafts and the newest in video entertainment, the mobile video game theatre, the "Game-Truck". The menu for our BBQ will be "ALL" Beef Hot Dogs, Sue's delicious take on the famous "Love's" BBQ beans, chips, watermelon, drinks and dessert. The Game Truck activity will open at 12:30 pm and is recommended for children who can read and follow directions. For the younger children's enjoyment, we will provide fun games and crafts inside the clubhouse! If you are not familiar with the Game Truck, it's conception was in 2006 and consists of 4 big screen TV's, the ultimate video game library for X-Box 360, Playstation 3 and Nintendo Wii games. The truck holds 16 gamers, has it's own a/c and staff to assist with the games. Time will be limited to 20 minutes of play to start, our staff will facilitate players times in and out of the Game Truck. Time slots will be given at the BBQ to those who are on our RSVP list first and then late comers. The Game Truck will be in our parking lot for 3 hours, giving plenty of time to check it out. There is NO charge for this event, we do appreciate your RSVP to the club no later than Thursday, July 1st at 837-4070. We are introducing the Game Truck at no charge at this function, all future Game Truck parties will have a minimal cost to play. For future Game Truck dates, see page 3.



T-SHIRT PAINTING CRAFT DAY "MAKE YOUR OWN THUMBPRINT DESIGN" JULY 14TH FROM 12:30-2:00 PM



This will be a fun craft day for both boys and girls. These personalized painted T-Shirts created by your budding artist or fashion designer allows them to put their own signature literally on their T-shirt by using fabric paints, fabric markers and their thumb! We will have plenty of design samples for the kid's to select from; flowers, fishes, bugs or better yet, they are free to create their very own one of a kind design! The only item you need to supply will be their T-Shirt...any white pre-washed T-shirt will do! Even one that has a stain, this is a great way to reclaim an old T-Shirt. The cost for this activity is \$4.00/child, refreshments will be served. Please RSVP to the Club office at 837-4070 by *noon on Tuesday, July 7th*. Guaranteed spot by pre-paid sign up only at the Club office. **PLEASE "WHITE" T-SHIRTS ONLY...**



OUTDOOR CRAFT DAY "MAKE A COLORFUL CATAPULT & RACKET" MONDAY, JULY 19TH FROM 12:30-2:30 PM



The first of two games the kid's will make in our outdoor craft day is the colorful catapult. This game poses no threat to man or beast! The kids will paint a block of wood, add their own artistic design including embellishments we have on hand. A spring clothespin and jumbo craft stick is added to the block of wood to enable the catapult to send paper balls flying towards their target (in our case colored dishes)! The second craft of the day, "make a racket", made from pvc pipe and rubber bands! The kid's will have an assortment of stickers and other materials to embellish their racket making it truly their own! This racket can be used with almost any kind of ball; tennis, wiffle, beach ball, but a foam ball is ideal. The cost for this activity is \$6.00/child, refreshments will be served. Please RSVP to the Club office at 837-4070 by *noon on Monday, July 5th*. Guaranteed spot by pre-paid sign up only at the Club office.

2010 ACTIVITIES & EVENTS



GAMERS COME JOIN THE FUN AT MVSRC

Tuesday, July 20th From 12:30 - 3:30 PM

Wednesday, August 11th From 12:30 - 3:30 PM

The Ultimate Video Game Theatre that comes to YOU! Conceived in 2006, the Game Truck is self contained with 4 big screen TV's, the ultimate video game library for X-Box 360, Playstation 3 and Nintendo Wii games. The truck accommodates up to 16 players at a time, gamers play against each other, play in teams, or different games at the same time! The cost is \$3.00 / 20 minutes of play, purchase 2 spots and the 3rd spot is on us! (20 extra minutes of play). Gamers must sign up and *pre-pay* for their time slots. Refreshments will be available to all gamers inside the clubhouse to keep up their game strength! Sign up today in the club office. For more information call 837-4070. This activity is for children who are able to read and follow directions.



"PERLER BEAD CRAFT DAY"

AND "LCR" & BINGO GAME DAY" MERGE

Alternating Monday & Wednesdays from 1:00 - 3:00 PM

MVSRC Store Hours 3:00: - 3:30 pm for Purchase



This summer we are combining our two favorite activities; *Perler Bead crafting* and last summers popular game of *LCR* (Left, Center, Right) shared with the popular game of *BINGO!* The activity days will alternate between Monday and Wednesday each week, one week on a Monday and the following week on a Wednesday. Both activities will share the clubhouse, Perler Bead crafting will be held upstairs and BINGO / LCR games on the lower floor. Pay for both activities and the kids can spend a little time crafting or they can try their hand at winning some "Club Bucks" playing LCR / BINGO and vice versa. Our game winnings consist of MVSRC "Club Bucks" in different denominations from .50 cents to \$2.00, and the kids are allowed to purchase items in the MVSRC store, open for 30 minutes only upon conclusion of our game time. They do not have to spend their club bucks that day, they can save them through out the summer for that special item displayed in our store, or they can save their club bucks for gift cards to either Target or Wal-mart!

This summer, I have teamed up with Tricia Scott in supporting "Spencer's Treasures", a charity that benefits sick children in local hospitals. Last summer, there were many times that the kid's had a small amount of club bucks left over after their purchase and we thought it was a great way for kid's to participate in contributing to this charity. They can use their remaining club bucks by purchasing small items from Spencer's Toy Shelf and place their selection in Spencer's Treasure Box. Additional contributions may be made by everyone who wishes to contribute small hand size toys or even unopened kid's meal toys from fast food restaurants. For more information regarding Spencer's Treasures visit www.spencertreasures.org or contact Tricia Scott @ 949-587-9288.



Perler Beads, our favorite craft for both boys and girls, returns with new projects! In fact, so many new projects and ideas that it would be impossible for the kids to complete everything they want to make in just one sitting. Many of our community kids are experts at Perler bead crafting, but if your child is new to this craft, they will become captivated! Children love this craft and they can work on projects for hours! This is a great craft for children as young as 5 years and there is no age limit! Project ideas are available for the kids to select from or they can just create their own Perler Bead project. The cost for a single activity or combined activity is \$4.00 per child. Light refreshments will be served. Please sign up no later than the day prior to the activity at the club office, 837-4070.



PERLER BEAD & GAME DAY SCHEDULE

Monday, June 28th , July 12th, July 26th, August 9th, August 23rd, from 1:00 - 3:00 PM

Wednesday, July 7th, July 21st, August 4th, August 18th, from 1:00 - 3:00 PM

"HOW TO MAKE A MARIONETTE "

"GOOFY BIRD" CRAFT DAY

TUESDAY, AUGUST 10TH FROM 12:30-2:00 PM



Glue a couple chopsticks together, add Styrofoam, clothesline, tape, glue and a few feathers and poof you have a Goofy Bird "Marionette". Not quite that easy, but a portion of the bird will be pre-assembled to make the craft a bit easier for the kids. They'll have a variety of feathers and other fittings to make a truly unique Marionette. With a little practice the kid's will teach their goofy bird to waddle, bob, and dance at their command! The cost for this activity is \$6.00/child, refreshments will be served. Please RSVP to the Club office at 837-4070 by *noon on Tuesday, August 3rd*. Guaranteed spot by pre-paid sign up only at the Club office.

2010 Activities & Events



GUMDROP GARDEN CAKE

Wednesday, July 28th ~ from 1:00 pm - 2:30 pm

It may look like a flower garden, but every single part of this Gumdrop Garden Cake is edible and completely delicious! This yummy garden begins with a butter pound cake, covered with chocolate frosting, a dash of chocolate cookie crumbs for a rich soil to plant a variety of colorful flowers made from gumdrops! The finishing touch is a picket fence made from ladyfingers and a sprinkling of colored flaked coconut for grass. The cost for this activity is a \$6.00/child. Seating is limited, please sign up and pre-pay by July 21st at the club office, 837-4070. Children may share in creating this delicious dessert.



HOT DOG AND FRIES CAKE

Tuesday, August 3rd ~ from 1:00 pm - 2:30 pm

Made from a butter loaf pound cake, the hot dog is made from two golden twinkies covered in icing to look like an "all beef hot dog"! The French Fries are created from the center cake piece and cut into strips to look just like French Fries! Ketchup, made of course from red icing is squirted all over the fries. A squirt of mustard made from icing and the relish made from cut up gum drops adds the final touch to this creative cake. The cost for this activity is a \$6.00/child. Seating is limited, please sign up and pre-pay by July 27th at the club office, 837-4070. Children may share in creating this delicious dessert.



PAIL OF SAND CAKE

Monday, August 16th ~ from 1:00 pm - 2:30 pm

Starting with a colorful plastic beach pail, the kids will cut up a butter loaf pound cake into chunks, strategically placing the cake chunks into their beach pail they will add a secret ingredient or two or three. Topping off this novel cake with crushed cookie "sand" and candy shells will make this pail of sand cake be a big hit for dessert! The cost for this activity is \$ 6.00 per child. Seating is limited, please sign up and pre-pay by August 9th at the club office, 837-4070.



DOUBLE FEATURE



KID'S SUMMER MOVIE SCHEDULE

EVERY THURSDAY DURING SUMMER



Buttered popcorn, mini candy bars, licorice, tootsie pops and drinks will be served before the show begins. To help us with our snacks, please sign up for our movies at least the day prior to showing, 837-4070. With the release date of June 18th for Toy Story 3 we wanted to hold our own special acknowledgement to the original Toy Story and Toy Story 2 by showing both as a special "double feature". In addition, we will hold a drawing for a very special someone to receive two movie tickets to see Toy Story 3! Our Mystery Movie will be selected by requests we receive during the summer movie showings and will be announced by the time we show Bedtime Stories.



MOVIE	DATE	SHOW TIME	MOVIE TYPE & RATING
"Toy Story"	Thursday, July 1 st	11:30 - 1:00 PM	Animated, Comedy, Rated G
"Toy Story" 2	Thursday, July 1 st	1:15 - 2:45 PM	Animated, Comedy, Rated G
"Princess & the Frog"	Thursday, July 8 th	12:30 - 2:15 PM	Animated, Comedy, Rated G
"G-Force"	Thursday, July 15 th	12:30 - 2:15 PM	Animated, Comedy, Rated PG
"Nemo"	Thursday, July 22 nd	12:30 - 2:15 PM	Animated, Comedy, Rated G
"UP"	Thursday, July 29 th	12:30 - 2:15 PM	Animated, Comedy, Rated PG
"Monsters & Aliens"	Thursday, August 5 th	12:30 - 2:15 PM	Animated, Comedy, Rated PG
"Madagascar 2"	Thursday, August 12 th	12:30 - 2:15 PM	Animated, Comedy, Rated PG
"Bedtime Stories"	Thursday, August 19 th	12:30 - 2:00 PM	Comedy, Fantasy, Rated PG
"??Mystery Movie??"	Thursday, August 26 th	12:30 - 2:00 PM	To Be Determined!

2010 Activities & Events



CALLING ALL "De PORTOLA" ELEMENTARY STUDENTS! ARE YOU UP FOR THE CHALLENGE?



Did you know that General Mills donates 10 cents for each box top collected and schools have the opportunity to earn up to \$20,000.00 per year from box tops. We are running a contest on how many BOX TOPS for Education we can collect through out the summer months. This contest is for De Portola Elementary students who would like to participate in this contest. You may sign up at any club activity or at the club office. Your name will be placed on our scoring chart and you can watch as your numbers grow and most important how many box tops we can collect before school begins in September. Our 1st Place, 2nd Place and 3rd Place winners will each receive specially designed T-Shirts reflecting their efforts in our summer drive for Box Tops for Education and gift certificates to Target. Even if you are not a De Portola student, you too can help support our kids! Budget cuts are hitting our schools and we need everyone's help! A list of participating products will be available in the club office for anyone who would like to snip and save for education. You may drop off your Box Tops at the club office.



MVSRC 2010 SUMMER EMPLOYEES HAVE A GREAT SUMMER!



Welcome new and returning lifeguards, activities staff and office staff. We look forward to a great summer season.

- Returning Lifeguards: Tanner Barron, Jessica Tunberg, Jillian Meyers, Sarah Gillick and Morgan Borthwick
- New 2010 Lifeguards: Glen Muckenthaler, Michael Hession, Trever Barron and Scott Hargis .
- Activities Staff: Heather Persons, Jillian Meyers, Rachelle Schouten and other staff as needed...
- Office Staff: Heather Persons, Scott Hargis, Jessica Tunberg
- Maintenance: Alan De Fazio
- Manager: Sue Ward, CCAM
- Assistant Manager: Doreen Barron



SUMMER REMINDERS...

- Member Photo ID cards are required to use the facility. We no longer accept Driver Licenses as proof of residency.
- 6 Guests per homeowner per household per day.
- Children under 16 years of age may NOT use the weight room with or without an adult present.
- Last entry into the facility is 20 minutes prior to closing.
- Noodles are allowed in the pool, no Frisbee or ball throwing permitted. Please check our pool rules for other water toys not permitted during open hours.
- A complete list of pool rules is available on our web-site or from the office.

CITY OF MISSION VIEJO NEWS AND BLOGS



For all the latest news, events and happenings going on in Mission Viejo;
www.cityofmissionviejo.org
or the City Blog at:
<http://missionviejolife.org>



NEW EXTENDED SUMMER CLUB HOURS

Summer Hours Begin Saturday, June 26th
9:00 am - 9:00 pm DAILY

Last entry to pool, spa and weight room is 20 minutes prior to closing.



*Note: Weight room will be closed during the time the clubhouse has been rented for a party/event. This information will be posted under "announcements" on our website when possible.



ELECTION RESULTS FOR 2010-2011

Board of Directors:

Don Myhra ~ Vickie Steele ~ Rennie Stark
Joe Bolich, Jr. ~ Ron Schouten

Ballot Issue Results

IRS RULING: YES: 133 NO: 11 ABSTAIN: 20
EARTHQUAKE INS: YES: 113 NO: 36 ABSTAIN: 12
\$250 Gift Card WINNERS: Wen-Yen Huang & Barbara Bennett
Congratulations!



FINANCIALS as of May 31, 2010

Checking: \$ 44,001.00
Reserves: \$ 191,965.00

Next Assessments are Due July 1, 2010



BOARD MEETINGS

Board meetings are held in the clubhouse and begin at 7pm with the Homeowners Forum.

Board Meetings dates scheduled at this time are:
July 28, *August 11, September 8, 2010.
Please check the web site and marquee for updated information

BUDGET MEETING 2010-2011

*2011 Budget discussions begin at the open meeting on August 11th, 2010 at 7pm